

Be a SMART swimmer

Swim Team and pre-competitive training for ages 6 to 18 (or to 98 for you Masters)

- Improve stroke technique and develop or maintain fitness for competitive swimming.
- Seasonal Programs offered Fall, Winter, Spring & Summer at Steve Lundquist Aquatic Center
 - Fall, Winter & Spring are 12 week seasons through the school year; for Summer we offer a 5 week Rec League Season and a 4 week GRPA / USA Swimming Long Course season
- Evening times: 1 and/or 2 hour practices 6:00 to 7:00 p.m. (Fall 5:45 to 7:45 p.m.)
- Morning hours offered Saturday, 9:00 to 11:00 am except on swim meet days
- Afternoon hours offered in the fall season: 4:45 to 5:45 pm on Monday and Wednesday

Spring 12-week Season begins Feb 8th 2016 and ends May 7th 2016

Practice days are Monday, Tuesday, Wednesday, Thursday and Saturday
(Weeknight times 6-8 or 7-8 pm due to Middle school swimming)

Summer 6-week Season 1 begins May 16th 2016 and ends Jun 23rd 2016 Summer 4-week Season 2 begins Jun 27th 2016 and ends Jul 21st 2016 (Cost TBD/TBA)

Practice days are Monday, Tuesday, Wednesday, Thursday

Fall 12-week Season begins Aug 8th 2016 and ends Oct 29th 2016

Practice days are Monday, Tuesday, Wednesday, Thursday and Saturday

Cost for 2016 Spring and Fall seasons:

\$165 for 2 x 1 hour practices per week; \$240 for 2 x 2 hour practices per week
\$225 for 3 x 1 hour practices per week; \$300 for 3 x 2 hour practices per week
\$300 for 4-5 x 1 hour practices per week; \$360 for 4-5 x 2 hour practices per week

Prefer to pay monthly? Divide season cost by 3

Adult swimmers with kids registered get 1/3 discount for each kid

Interested in a mix of 1 hour and 2 hour practices? Call or email for a quote.

Pay by credit card through Swimmerman Swim School; instructions available on SMART website
There's a **1-time only \$25 registration charge per family (**)** to get into our MindBody system.

(**) USA Swimming and Swimmerman school members who've already paid are exempt

Registration and additional information specific to the upcoming season is available on-line. Please visit:

**www.smartswimmer.org or call (404) 731-1651
smartswimmer@me.com**

Smart, Motivated, Athletic, Respectful, Teammate

Winter 12 week Season begins Oct 31st 2016 and ends Feb 4th 2017

Practice days are Monday, Tuesday, and Thursday
(High school and USA Swimming meets take pool most Weds and/or Saturdays)